

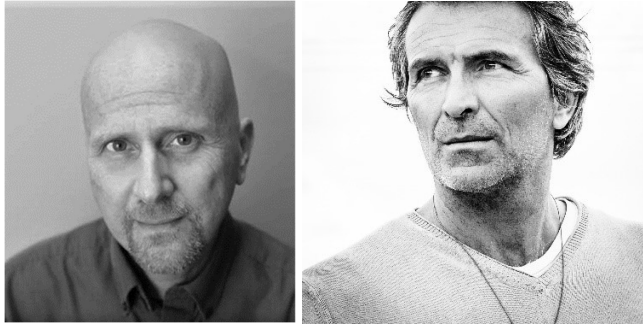
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centre
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human
architecture

the holistic healing group . south of france



Content + Shedule Festival June 24th to June 28th + July 1st to July 5th



Are you ready to allow the new you to come out and play in our new world? Things have changed with us personally and globally in a huge way. As much as this process started some time ago, 2020 has been quite remarkable in many ways and in a way, it seems very much just the beginning.

We cannot deny that 2020 has been an intensely impactful year for many people. Besides things changing globally, many of us have been experiencing what people would refer to as a roller coaster ride involving intense emotions while witnessing a complete breakdown of how our world operates. We are certainly different, and so is the world; therefore, learning how to play the game of life in a completely different way is upon us. We are now observing what may have worked before is no longer applicable. We'll have to step out of our comfort zone and old way of life to embrace our New World.

On the surface, it may seem that what is happening is a breakdown of our world and society. However, what we are going through is a transformation and upgrade in our human experience and world. We have a tremendous opportunity to make a huge leap forward. Many of us have been waiting for this time to come forth. Here we are, it is up to us individually and collectively to direct our experience and world.

The energies coming through have been aiding us and propelling us forward individually and collectively, preparing us for the next stage of this shift in consciousness. Yes, a shift in consciousness is what is fuelling this transformation. It may seem overwhelming the speed things are shifting and moving along; however, this is the most exciting time in our human history!

Our internal directive now is for us to make decisions and choices from our higher perspective and create intentionally from a higher understanding and knowing. If there has ever been a time to really step things up in our life and on our playground, we call earth; this is it.

Most of us are bogged down with heavy inverted 3D and 2D programming, obscuring us from a clear view of our True Nature. We have very much been run by programs, conditioning and the collective projection of life. The need to be able to rise above our ego programming and operating system and reclaim our place in the driver's seat and create from an empowered position is vital right now. Are you ready to rise above and be an active creator of your own life and the collective experience? If so, join us for this highly transformative workshop we have put together!

This 3-day workshop will involve a preparation process at the beginning and a wrap up at the end. Franco & Marco will be taking you on a journey of self-discovery to assist you in Embracing and Mastering your true essence, releasing and clearing that, which no longer serves you and open you up to an expanded way of life.

Musician and composer Marco Missinato will be infusing the workshop with his high-frequency music tuned to the work we will be doing, and Marco will share his insights as to how music can play an integral role in your soul's journey!

This 3-day workshop will facilitate an experience of connection, recognition and liberation! Together Franco and Marco will be offering tools to help you reveal the truth of your soul's journey and access the vision and focus on creating a 5th-dimensional human experience.

Some of what will be covered during the workshop:

- Becoming present in the moment while dropping all distractions and attachments. (Process)
- A look at the changes we are currently going through, why and what it is offering us.
- Going deeper into understanding the mechanics of how we actually function, think, feel, respond and perceive as our reality.
- How and why we take on beliefs, perceptions programs, labels and identities, identifying when we are done with them and how to release them
- What are distractions, how to identify them and letting go of them
- Why we stay in holding patterns that recreate and relive the same experiences over and over again?
- A process to shift the holding patterns and create free flowing experience.
- What stops us from choosing from a higher perspective?
- Playing with the idea of giving our power away, what it looks like and how to drop it.
- What is self-responsibility and how does it work
- Creating a shift from an ego-driven life to one of true self, purpose and expression
- A look at our choices and directions in life and how to align them with our current path and purpose
- A close look at our true human design and how to align with it.
- Tuning into who you truly are and re-establishing a clear connection (Process)
- Living from your higher perspective as you shape and experience your life through a higher preference.
- Tapping into infinite resources (Process)
- Staying on-track and focused as your authentic self
- A look at your involvement in creating your personal reality and the surrounding realities.
- Are you always in charge?
- How to get back into the driver seat of your life.
- Creating alignment with your soul/higher self
- Marco & Franco will provide many meditation/activations and processes blended with high-frequency music to assist in integrating the material being covered throughout the workshop.

This workshop will provide a combination of information, techniques, processes and discussions blended with music to open up the channels to your authentic self so we can create more masterfully!

The entire workshop will be video and audio recorded. Participants will have the option to purchase the audio and video recordings to reinforce the experience of the workshop and support you through your day-to-day life.

The workshop will start Friday Morning for a meet and greet and introduction to the workshop at 9:30 am.

For Friday, Saturday and Sunday, we will start at 9:30 am and go to 9:00 pm with a 1.5-hour lunch break at 1:00 pm, a half-hour break at 4:30 pm and from 6:30 pm – 9:00 pm – Break and Dinner.

Are you ready to be part of this powerful experiential opportunity to step forward and experience the new you in the new world? Join us, as this is not an opportunity and experience you want to miss!

Workshop Schedule

Festivals - June 24th to June 28th + July 1st to July 5th

**Embracing & Mastering A New You In This New World
With Franco DeNicola & Marco Missinato**

Thursday

from 12:00 am check in at the hotel, welcome drink, free time to enjoy the place and relax.





example boutique hotel in fleurance, lectoure, condom, saint puy

Friday, Saturday & Sunday

7:30 am - 9:00 am - fresh vegan breakfast in the hotel

9:00 am - 9:30 am – transfer or own arrival to the festival grounds

10:00 am – 11:00 pm – outside YOGA session

11:00 am – 1:00 pm - Introduction to the Workshop (only Friday) and Workshop

1:00 pm – 2:30 pm – Lunch Break

2:30 pm – 4:30 pm – Workshop

4:30 pm – 5:00 pm – Break

5:00 pm – 6:30 pm – Workshop

6:30 pm – 9:00 pm – Break + Dinner, at Sunday Wrap-up & Goodbyes

9:00 pm - transfer or own arrival to the Hotel

Monday

7:30 am - 11:00 am fresh vegan breakfast in the hotel and free time to enjoy and relax.

1:00 pm - Hotel check out, relaxed journey home.



Flat-rate travel price for

- . 5 days including nights in a luxury boutique hotel
- . double room with bath en suite for single use, daily room service
- . vegan detox ayurveda breakfast
- . during the festival days multi-course ayurveda full catering including all wonderfully freshly prepared non-alcoholic drinks and raw food snacks between meals
- . 3 days festival at the zeN . center
- . daily transfer or own arrival to the zeN center and back to the hotel (max. 30 minutes travel time) or own arrival with rental vehicle booked through us
- . comfortable airport transfer (collective transfer) to and from airport Toulouse.
- . travel cancellation insurance
- . 1.599,- EURO

payment method

- 1st payment with booking 533,- EURO
2. payment three months before the start of the journey 533,- EURO
3. payment one month before the start of the journey 533,- EURO

Notice

- . All festival guests are cordially invited to use the enchanting pool and center gardens, as well as all day facilities.
- . Our wonderful chef and his team prepare sophisticated and fresh, vegan detox Ayurveda dishes on site. Lunch and dinner include four courses, as well as soft drinks.
- . Yoga mats and blankets are provided for every participant.
- . Individual workshops with Franco and Marco can also be booked on Mondays to Thursdays after the festival!
- . if a guest does not want to use the airport transfer, the travel package price is reduced by EURO 100,-!
- . On request, we can book a rental vehicle for the entire stay for a comfortable transfer from the airport or train station to the hotel, for our own daily travel to the festival site, as well as for other free disposal, via our cooperation partners. The average price is around EURO 100,-.
- . on request, the double rooms can also be booked for one or three people. Accordingly, we grant a discount on the travel price.



for further questions and information

www.chezenretreat.com . welcome@chezenretreat.com